



Impact Coach Training

A Professional Development Opportunity for Helpers

WWCM Impact Coaches work with clients to support and facilitate their healthy progress through crisis to independence. Coaches help clients identify areas of need and set goals while supporting them to reach those goals through formal coaching strategies. Impact Coaches commit to a formal training program to gain valuable communication skills and strategies to help others identify needs, see new ways of solving problems, set and achieve goals. Through coaching, clients will improve their outlook in life and gain a sense of confidence to move toward independence.

Coaches meet with clients by appointment to review a client-led assessment of their current strengths and needs. These volunteers will also work with clients to identify goals & action steps that support those goals. There will be short term follow up with the clients (3-4 visits) to support them in actively moving through the goals in their plan, check in on progress, and identify ways that Western Wake Crisis Ministry can support their goals. These volunteers will also use the client's assessment & goals to identify further resources that could be beneficial to them and make referrals.

Skills needed: Natural strengths in listening, discerning, asking clear questions, self-control especially as it relates to allowing clients to lead, maintaining appropriate boundaries, recognizing strengths, validating others, allowing space, not giving direction, encouragement. Able to manage a schedule & utilize Google Calendar.

Desired background: Social work, counseling, coaching, ministry, mental health, human services

Western Wake Crisis Ministry Impact Coach

14 hours of training based on International Coach Federation standards, led by a Professional Certified Coach

- ✓ Differentiation of Counseling vs Coaching vs Advising
- ✓ Coaching skills development
- ✓ Coaching ethics
- ✓ When to refer
- ✓ Communication
- ✓ Peer to Peer coaching skills practice
- ✓ Follow up supervision/practice

- ✓ **Professional Development Certificate**

2019-2020 Training Schedule

October 4, 2019	9:30-11:30 am
Or October 8, 2019	6:30-8:30 pm
October 16, 2019	6:30-8:30 pm
October 30, 2019	6:30-8:30 pm
November 13, 2019	6:30-8:30 pm
December 4, 2019	6:30-8:30 pm
January 8 th , 2019	6:30-8:30 pm
January 22 nd , 2019	6:30-8:30 pm
February – May 2020	Monthly Supervision

Interested? Email us at volunteer@wwcm.org for more details and an application