

Neighbors Helping Neighbors in Western Wake County

1600 Olive Chapel Road
Suite 408
Apex, NC 27502
(919) 362-0657

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New Pantry Hours
Monday-Thursday
11am-2pm



Summer 2017
Volume 5

A Message from the Executive Director



Hello Neighbors,

I am thankful to be joining you in the ministry of caring for one another during times of crisis. I am impressed by the dedication and compassion of our volunteers and deeply moved by the needs I see in our community. I am humbled by the difference we make daily, especially for vulnerable groups such as those who are elderly or disabled with a fixed income (35% of those we serve are over 60) and families with children (over 2,000 children receive free and reduced lunch in Apex area schools, an indicator of food insecurity in the home).

As I join this ministry that has been actively supporting our neighbors throughout western wake county for 34 years, I am excited by the amazing work we do each day. Twelve to fifteen volunteers are engaged, picking up food from grocery stores, organizing and stocking our storeroom and shopping area, greeting neighbors who are coming for assistance, listening, caring, providing support and encouragement, connecting with resources, screening for financial assistance, helping with shopping, and carrying groceries . . . everyone does their part. There are also folks working behind the scenes, serving on committees, conducting food drives, helping with administration, staffing events, etc. Over 100 volunteers are engaged every month.

This year (2017/18) our board of directors and I are committed to re-evaluating the needs in our community and surrounding areas and carefully planning for the next phase of our ministry together. Over the coming months, I look forward to getting to know all of you and spending time appreciating the work you have been doing while looking ahead and planning for new opportunities.

Your Neighbor,

Beth Bordeaux,
Executive Director

**Calling All Golfers...
It's time to register!**

**6th Annual Western Wake Crisis Ministry Neighbors Helping Neighbors
Golf Tournament
Monday September 18th
MacGregor Downs Country Club
Noon Shotgun Start**

[CLICK HERE TO REGISTER](#)

You may also access registration through our brand new website at www.wvcm.org



Thank you to our sponsors already onboard this year:

JVI Construction, 540 Flex & Business Park, The Carringer's, RGA Investments, Peak Resources, Home Trust Bank, AUMC, Bradley's Flooring & Paint, BNC Bank, Montague Development, Bond Building & Design, Publix Super Markets Charities, Terra Tech Engineers, Taylor Morrison, Withers Ravenel, Jones & Crossen, Smith & Garner Engineers, St. Mary Magdalene, Sage Patent Group, McAdams, Capitol Coffee, Café Carolina, R. A. Jeffreys, McDonalds, Promotional Partners

Help Give Hunger the Boot

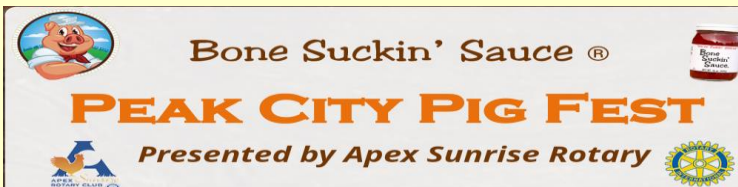
FOOD DRIVE...FOOD DRIVE...FOOD DRIVE...FOOD DRIVE...



SATURDAY AUGUST 5th
At WakeMed Soccer Park in Cary
NC Courage Takes on Seattle Reign
7:30pm Start

When you bring your non-perishable food donations to the gate you'll get a discount to a future game. Stop by the WWCMM table to enter a FREE prize drawing.

[Click HERE](#) or visit <http://www.northcarolinafc.com/tickets/index.php> to purchase your tickets to this National Women's Soccer League game between the NC Courage and the Seattle Reign.



Thank you, Apex Sunrise Rotary, for your generosity & supporting the work that we do.

New senior and diabetic programs now being offered monthly to qualifying clients through a partnership with the Central NC Food Bank.



Example of items offered through the diabetic program.



Some of the items offered in the senior program.

UNC Mobile Health News

Beginning July 25, the UNC School of Nursing Mobile Health Clinic will have a new look and provide additional services. New services will include screening for depression, biometric screening that includes measuring cholesterol, physical exams, and episodic sick care. Persons with diabetes will be able to receive more comprehensive individual or small group instruction on self-management of diabetes. Sara Hubbell, DNP, Family Nurse Practitioner and Assistant Professor at the School of Nursing will be the lead health care provider on the mobile clinic.

All Western Wake Crisis Ministry clients are invited to visit the nurse-managed clinic to receive whole-person care, especially if they have a chronic health condition, want to manage stress in their life, want to achieve their best level of health, or want to develop a healthy life style.



Mobile Health Clinic Hours at WWCM
 2nd & 4th Tuesdays Every Month
 10am – 11am – Focus on Diabetes Care & Education
 11am-2pm – All Welcome

The 10th Annual Deck the Halle Halls Invites your Apex business or group to participate

12/1/17-12/20/17 – It's hard to believe that this is the 10th Annual Christmas Tree & Wreath Exhibition and Auction benefitting Western Wake Crisis Ministry.

The Halle Cultural Arts Center opens their doors to showcase the decorated trees & wreaths groups & businesses like yours donate to the silent auction. Bidding begins at the open house on Friday December 1st from 5pm-8pm and closes at 1pm on December 20th.

The goal is to have 18 trees and 10 wreaths exhibited and auctioned off with the proceeds going to WWCM. To reserve a spot for your submission, please contact Renee Anderson at (919) 249-1120 or email renee.anderson@apexnc.org.

FOOD PANTRY NEEDS – Soup, Crackers, Pasta Sauce, Dried Pasta, Rice, Dried Beans, Canned Vegetables, Canned Fruit, Macaroni & Cheese, Canned Pastas, Jelly, Peanut Butter, Canned Meats, Canned Beans, Boxed Cold Cereal, Sides (Hamburger Helper, Dry Potatoes, Pasta Sides, etc.), Toilet Paper, Dish Soap, Laundry Detergent, Paper Towels, Ziploc Bags (Used to bag dried rice & beans).

Energy News

In 2016, 60% of all emergency financial assistance provided to clients at WWCM went to pay for utilities (private or municipal). Half of all those utility payments went to Duke Energy Progress. The Board of Directors and Staff of WWCM are deeply concerned about the future financial impact on the communities we serve of the recently announced rate increase proposal from Duke Energy Progress.

What are they asking for?

According the News & Observer, Duke Energy Progress has proposed a 16.7 percent rate increase for residential customers in North Carolina, the largest rate hike the Raleigh-based power company has sought since the utility was called Carolina Power & Light in the 1980s.

When will this happen?

The power company made the filing with the N.C. Utilities Commission on June 1, 2017. The review, hearings and legal arguments will likely last through winter before the Utilities Commission issues a decision. Duke Energy Progress is asking the Utilities Commission for a ruling in time for the new rates to go into effect Jan. 1, 2018.

What is the impact on WWCM and the local community?

The average residential customer could see their monthly bill increase from \$104.68 to \$122.48, adding about \$213 a year to their power costs, if the proposed rate increase is approved in full. That would be the equivalent of two additional bills each year!

What can you do?

Write the NC Utilities Commission, attend a hearing, or make a donation to WWCM.

We are grateful for your continued support.

The content of this article is summarized from the News & Observer, June 1, 2017. Your utility bill could go up: Duke Energy Progress seeking 16.7% rate increase found at

<http://www.newsobserver.com/news/business/article153817154.html>

Thank you Whole Foods Market in Cary & everyone who supported the 5% Community Giving Day!



Yes. I would like to support Western Wake Crisis Ministry

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Our Donor Tree displays leaves in a variety of colors. Sixty-nine characters (including punctuation & spaces) are available per leaf, up to 3 lines can be imprinted on your leaf.

- Gold Leaf Donation of \$1000 +
- Silver Leaf Donation of \$500 - \$999
- Bronze Leaf Donation of \$250 - \$499

Enclosed is my check donation made Out to Western Wake Crisis Ministry

I would like to add a leaf to the Donor Tree & have entered my text In the blocks below.

Please mail your donation along with this form to:

Western Wake Crisis Ministry
 1600 Olive Chapel Rd.
 Suite 408
 Apex, NC 27502

I do not want a leaf but here is my donation of:

- ___ Other ___
- ___ \$1000
- ___ \$750
- ___ \$500
- ___ \$250
- ___ \$100
- ___ \$75
- ___ \$50

